

Registration & Training Agreement

2023 ISTDP San Diego ISTDP Core Training

with Dr. Allan Abbass & Tami Chelew MA, LMFT

Name:

Address:

City:

Province:

Post/Zip Code:

Country:

Phone:

Email:

Degree:

Licensing

organization:

License number:

Course Outline

A new Core Training program in ISTDP will begin in 2023. This Core Training is ideal for those who would like to grow and learn ISTDP in a safe, small group setting. Training will meet online four times a year for two consecutive days, plus online attendance at two ISTDP San Diego ISTDP Immersions held in December and June of each year.

This 3-year training program provides detailed training on: ISTDP meta-psychology theory; how to implement the standard format of ISTDP with low resistance to high resistance patients; and how to implement the graded format of ISTDP for repression and fragility. Training blocks will involve didactic teaching, practice exercises and supervision of the clinical work of trainees. Teaching will involve the extensive use of video recorded therapy sessions. There will be a maximum of 12 trainees. At each training block, trainees are expected to present a tape of their work for consultation. Each trainee will have 45 minutes of individual consultation per training block.

This core training will be co-led by Dr. Allan Abbass and Tami Chelew, each of whom will provide 2 training blocks per year.

The dates and times for the 2023 training blocks will be Monday and Tuesday:

7am-3pm PST, 10-6pm EST, 11-7pm AST, 4pm-midnight CET

May 15-16

July 10-11

September 11-12

Feb 5-6 2024

Fees & Payment

The annual fee for this training package is \$4,750 USD. For years 2 and 3, the full fee is payable by 31 January each training year. Payment by PayPal, Zelle or international bankers draft should be in USD\$ and made payable to Tami Chelew Therapy. An e-transfer bank to bank can also be arranged. From international bank accounts, an international wire transfer can be made (account details on request).

Training Agreement

The ISTDP San Diego Core Training Program in ISTDP is a 3-year course for health professionals or those in training at an institution of higher education. I understand that I am registering to participate in a 3-year course with a commitment to pay for each year of training in full according to the fee schedule listed above. This fee is non-refundable once paid. For the duration of my participation in the training program I will retain my professional registration as a healthcare professional or student and agree to inform the trainers of any change in this status. Trainees are expected to follow the ethical standards of practice as outlined by their respective licensing board and/or University. This includes agreement to keep all clinical information presented during training blocks strictly confidential. I understand that under no circumstances is recording of any of the training content permitted. Trainees may record their individual supervision with permission, purely for their own learning and not to be shared. Trainees are responsible for securely deleting all recordings by the end of the program or before if requested. The course trainers agree to provide a clinical case consultation at each training block for the trainees' learning purposes. I understand that as the practicing clinician, I am solely responsible for the clinical care I provide to patients.

At the end of the 3-year training program, participants who have completed a minimum of eleven blocks of individual case consultation and didactic teaching, will be provided certification of completion of training. To satisfy this requirement, participants may choose to continue training to supplement missed sessions.

I understand and agree to these terms and conditions.

Signature:

Date:

Please send the completed application to TamiChelew@gmail.com

For all new participants, applications should include:

1. A copy of your curriculum vitae
2. A brief description of your experience practicing psychotherapy, including any prior experience of training in ISTDP.
3. A copy of the professional license

Payment of \$4750 via PayPal as Friends and Family to tamichelew@gmail.com in USD.